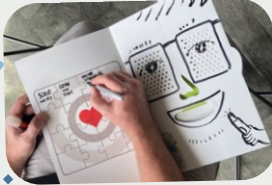




# Being Resilient

Breakthrough Challenge

with **The BOX®**



10<sup>th</sup> January 2025

上海·免费线下体验课



Work is changing. Competition is fierce. Pressure's high. And at times we struggle to adapt, many of us get told: "You should be more resilient!"

But what does this actually mean? What specifically are we expected to do? During setbacks, why do some people consistently get stuck, when others rebound much more quickly?

With the B□X®, we make the invisible visible, the unconscious conscious, and the impossible actionable. Applying this proven method to resilience, this session helps you overcome challenges and setbacks more quickly. Starting with the outside of the B□X®, we'll discover your ideal (professional) image, but also which behaviors undermine this image when you are feeling stressed.

### 3 hours Sharing Outline:

- Enjoy a hands-on experience of the B□X® methodology
- Learn practical ways to improve your own, and others' resilience
- Work on resolving a personally relevant, professional challenge

**Trainer**讲师:  
Stephane R.

**Language**语言:  
Chinese 中文

**Date**日期:  
10<sup>th</sup> January 2025

**Time**时间:  
2pm – 5pm

**Venue**场地:

上海浦东新区银城路88号  
中国人寿金融中心57楼

**Contact**联系方式:  
Sherry.su@clarkmorgan.com



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# TRAINER PROFILE

## Stephane R.



**Nationality:** The Netherlands

**Languages:** English, Mandarin, Dutch

**Training Topics:**

- Digital Transformation
- Change Management
- Strategic Planning
- Agile Management
- Business Agility
- Problem Solving Skills
- Organizational Change
- Leadership & Management Skills

Stephane is a fluent Mandarin speaker in China since 2004, with 15 years of management experience, mostly in the retail/ FMCG industry. After starting his career with Makro Cash & Carry, Stephane joined Fortune 500 retailer Tesco as store general manager. He was quickly promoted to head office and lead business-wide high impact projects related to operating model, store standards, inventory reduction & productivity. At global fast fashion retailer C&A, Stephane was accountable for stores across 8 provinces, with annual revenues of USD \$110 million.

As General Manager for iP2ENTERTAINMENT China, he set up the world's first National Geographic Ultimate Explorer™ family entertainment centers. He still acts as consultant & trainer for projects in China and beyond.

As his professional background suggests, Stephane approaches these topics as top down, end-to-end business transformations where application of 'enablers' (such as digital technology) serves a strategic purpose, delivering real customer and/or business value. This means emphasis on people driven change, with specific attention to 'engineering' behavioral change – a topic that Stephane is specifically passionate about.

He is also an accredited trainer of the "VeriSM™" digital transformation framework, as well as for the (digital transformation) simulation game "Marslander", and the "Agile Business Professional" course. His clients cover a wide spectrum, from multinationals to domestic companies, from automotive industry to retail, pharma, information technology & services, etc.

Stephane is a regular public speaker on and has delivered guest lectures at both East China Normal University (MBA) and Shanghai Jiao Tong University (EBA). He has created an online digital transformation course for the online learning platform Quantum University (量子大学) and is a volunteer for & member of the global Business Agility Institute.





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