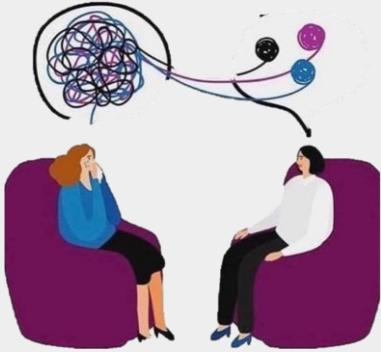


LEVERAGING EQ FOR EFFECTIVE COMMUNICATION



11th December 2024

**ONLINE · FREE TASTER ONLINE SESSION
FOR HR & TRAINING PROFESSIONALS**

Overview

- What is EQ?: Brief introduction and key components
- Why EQ Matters: Discuss the role of EQ in effective communication and relationships
- Benefits of High EQ: Highlight how improved EQ can enhance teamwork and leadership

Practical Application

- Self-Awareness: Quick techniques to recognize and manage your emotions
- Active Listening: Simple tips to improve listening skills for better understanding
- Empathy in Action: Strategies to practice empathy in everyday interactions
- Real-Life Scenarios: Engage participants in a brief role-playing activity to apply EQ skills (breakout rooms)

Q&A Session



Trainer:
Katarina M.

Language:
English

Date:
11th December, 2024

Time:
8am – 9am GMT

Platform:
ZOOM

Contact:
wren.pan@clarkmorgan.com



Scan
to
Join

TRAINER/COACH PROFILE



Katarina M.

Nationality: Serbian

Languages: English, Serbian

Education & Certifications:

- Professional Coach, Trainer & Facilitator
- ACC (Associate Certified Coach) by ICF
- Toastmaster
- Bachelor's degree in Business and IT
- Master's degree in Economy and IT
- Global Executive of Business Administration by Shanghai JiaoTong University
- IECL Certified Organizational Coach
- ISTOK Certified Professional Coach

WORK EXPERIENCE:

Before taking on the challenge of becoming a **Professional Coach, Trainer & Facilitator**, Katarina worked in a private Chinese-owned company located in Shanghai - **in fields of Sales, Marketing & Training**. Her job was to **build bridges between Chinese and Western service providers/customers: enhance communication, facilitate better understanding of cultural differences & train local staff on problem-solving, shifting perspectives, proactivity and other Soft Skills**.

Prior to moving to China, Katarina worked in Education for almost a decade - as a University Teacher - where she got interested in Trainings. Working at a private University gave her freedom to design courses creatively and she did exactly that, turning lectures into workshops!

EXPERTISE:

- **Personal/Professional Development** - Trainings for corporate leaders/execs & individuals, maximizing their potential;
- **PR & Public Speaking Trainings** for corporate leaders/execs and individuals, providing guidance to successful presentations through proven tools;
- **Cross-Cultural Trainings** for corporate leaders/execs & teams, incorporating Effective Communication, Active Listening, Cultural Awareness, Navigating Business Environment, etc.;
- **Leadership Development & Communication Trainings** for corporate leaders/execs, teams and individuals;
- **Personal/Professional Development Coaching**, partnering with clients to support their thought process and gain clarity.





ClarkMorgan
Evolving People

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